

Grove street lunch menu Week 1

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Soup & sandwich day	Chicken or vegetarian	Scouse or	Chicken/vegetarian	Wholemeal pepperoni
Tomato & basil soup	Butternut squash curry	Vegetarian scouse	Chow mein including	pizza with hidden veg
With parmesan	including vegetables,	with crusty bread	vegetables with noodles	sauce Bread
And crusty bread	rice, naan bread	red cabbage and	and beansprouts.	wedges
		Beetroot		
Jacket potato with	Jacket potato with	Jacket potato with	Jacket potato with	Jacket potato with
Tomato & basil sauce	Curry sauce	scouse	or beans or cheese	pizza sauce
Or beans or cheese	or beans or cheese	or beans or cheese	or beans or cheese	or beans or cheese
<u>Deli</u>				
Selection of wraps,	Selection of wraps,	Selection of wraps,	Selection of wraps,	Selection of wraps,
Batches and sandwiches	batches and sandwiches	batches and sandwiches	batches and sandwiches	batches & sandwiches
<u>Dessert</u>				
Summer fruit yoghurt	Lemon cake	Flapijacks	Oaty apple crumble	Ice cream and fruit
Crunch pots			and custard	

Daily salad and fruit in addition to the above options available freely on tables

Jacket potato: topping of the day, cheese and beans

Included drinks available: water, milk, fresh apple juice, blackcurrant or orange squash

Grove street lunch menu Week 2

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Tomato & Mediterranean Vegetable and basil	Thai chicken curry with vegetables and noodles	Sausage casserole Vegetarian casserole	Mince and five beans Chilli and brown rice and salsa potato and broccoli	Wholemeal ham and pineapple pizza with hidden veg sauce with potato wedges and winter coleslaw
Bake with spicy sausage Or Vegetarian pasta bake & garlic bread		with creamy mash Vegetarian Thai curry		

Jacket potato with tomato & basil sauce or cheese Or beans	Jacket potato with Thai Curry or cheese or beans	Jacket potato with casserole or cheese or beans	Jacket potato with five Bean chilli or cheese or beans	Jacket potato with pizza sauce or cheese or beans
--	--	---	--	---

Deli

Selection of wraps, Batches & sandwiches	Selection of wraps, batches & sandwiches	Selection of wraps, batches & sandwiches	Selection of wraps, batches & sandwiches	Selection of wraps, batches & sandwiches
---	---	---	---	---

Dessert

Chocolate mousse with cream and berries	Tray fruit Cheesecake	Date and cocoa Brownies	Icing & Sprinkles Cake	Ice cream and fruit Crunch pot
--	-----------------------	----------------------------	---------------------------	-----------------------------------

Daily salad and fruit in addition to the above options available freely on tables

Jacket potato: topping of the day, cheese and beans

Included drinks available: water, milk, fresh apple juice, blackcurrant or orange squash

Grove Street Lunch Menu Week 3

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Three layer lasagne Including vegetables And Green Beans	Chinese chicken or vegetarian Curry with Rice	Fish Pie or Cheese and Onion with creamy mash Potatoes & peas & carrots	Cheeky Nando's Day Peri Peri Chicken strips sweet chilli dip and butter & herb Baby potatoes	Wholemeal Chicken Pizza with hidden veg Sauce & Sweet potato wedges
Jacket potato with Lasagne sauce or cheese And beans	Jacket potato with Curry or cheese and beans	Jacket potato with tuna or cheese and beans	Jacket potato with cheese or beans	jacket potato with pizza sauce or cheese or beans
<u>Deli</u>				
Selection of wraps, Batches & sandwiches	Selection of wraps, batches and sandwiches	Selection of wraps, batches and sandwiches	Selection of wraps, batches or sandwiches	Selection of wraps batches/sandwiches
<u>Dessert</u>				
Rice pudding and And peaches	Cookies	Apple and Blackberry Flapjacks	Fruit jelly	Ice cream and fruit

Daily salad and fruit in addition to the above options available freely on tables

Jacket potato: topping of the day, cheese and beans

Included drinks available: water, milk, fresh apple juice, blackcurrant or orange squash